

Career Plan

Discover Your Purpose and Achieve Your Career Goals



Explore

- Discover the services and resources available to you
- Activate your [Handshake](#) account
- Take [career assessments](#) to learn more interests, values, skills, & strengths
- Check out [What Can I Do with this Major?](#)
- Join [student organizations](#)
- Begin building leadership skills through [BOLD](#)
- Build your [career readiness](#) skills
- Participate in WELL Core – Work Well Series
- Gain experience through strategic part-time employment



Prepare

- Upload your resume to [Handshake](#) for review
- Learn how to tailor your resume & practice your interviewing skills
- Increase your on-campus involvement
- Have [career conversations](#)
- Complete internship prerequisites
- Apply for an internship and consult your internship coordinator for course credit
- [Study abroad](#) or away, participate in [service-learning](#), missions, or volunteer work
- Review your [academic plan](#) and your [career plan](#)



Connect

- Intern and gain relevant experience
- Practice marketing yourself
- Attend [Work WELL](#) programs
- Network and contact your [Career Development Specialist](#) if you need help – that's what we're here for!
- Seek industry advice/mentorship and begin researching organizations
- Reflect on your experiences and plan your next steps
- Stay open to new opportunities!



Flourish

- Solidify your where you want to begin your career
- Develop a strategy
- Determine where you want to go next
- Grow and maintain industry relationships and a personal support system
- Get involved in professional associations, organizations and off-campus activities
- [Apply](#) for positions of interest
- [Negotiate](#) for what you need and accept the job offer
- Consider options for continuing education
- [Give back to Belmont](#) and your community



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Tips for Hiring Managers

At Belmont, we want students to thrive at work. In alignment with Be Well BU, the student employment experience should help students develop occupational wellness--defined as the level of happiness and fulfillment one gains through work.

By using God-given abilities, an occupationally well person finds purpose in his or her work, feels a connection with others in the workplace, and takes advantage of opportunities to learn and be challenged.

Belmont students are encouraged to develop occupational wellness throughout their academic experience to:

1. Define what meaningful and purpose-driven work means to them
2. Articulate their strengths and areas for development
3. Explore/engage in opportunities (such as internships, WELL Core programs, leadership engagement, service learning, strategic part-time work and networking events) to develop an initial career plan.
4. Identify and evaluate performance in recognized career readiness competencies (listed below)

High Impact Practices

A "good" campus job offers multiple benefits, from developing occupational wellness and increased career readiness to student retention. One of the factors most likely to influence overall alumni career mobility is creating a career plan and receiving helpful career advice from employers. Student employees are more likely to share about their career plans and concerns with a trusted supervisor. At Belmont, we want every student to graduate with a career plan and be career ready. As a hiring manager, you play an important role in guiding students through the career planning process.

Questions to ask Employees

- Where are you in your career planning strategy? When are you planning to do an internship?
- Have you explored options in Handshake? Have you met with your career specialist? (Visit Handshake to schedule)
- What career readiness skills do you feel confident in? What skills do you need to further develop? How can this job help you further develop these skills? (Use the FOCUS-2 Career Readiness Assessment)
- Can you give me a couple of examples of things you've learned here that you think you'll use in your chosen profession?

McClellan, G. S., Creager, K., & Savoca, M. (2018). A Good Job: Campus Employment as a High-Impact Practice. Sterling, VA: Stylus

Skills for Success

ARE YOU CAREER READY?

CAREER & SELF-DEVELOPMENT

Proactively develop oneself and one's career through continual personal and professional learning, awareness of one's strengths and weaknesses, navigation of career opportunities, and networking to build relationships within and without one's organization.

COMMUNICATION

Clearly and effectively exchange information, ideas, facts, and perspectives with persons inside and outside of an organization.

CRITICAL THINKING

Identify and respond to needs based upon an understanding of situational context and logical analysis of relevant information.

EQUITY & INCLUSION

Demonstrate the awareness, attitude, knowledge, and skills required to equitably engage and include people from different local and global cultures. Engage in anti-racist practices that actively challenge the systems, structures, and policies of racism.



LEADERSHIP

Recognize and capitalize on personal and team strengths to achieve organizational goals.

PROFESSIONALISM

Knowing work environments differ greatly, understand and demonstrate effective work habits, and act in the interest of the larger community and workplace.

TEAMWORK

Build and maintain collaborative relationships to work effectively toward common goals, while appreciating diverse viewpoints and shared responsibilities.

TECHNOLOGY

Understand and leverage technologies ethically to enhance efficiencies, complete tasks, and accomplish goals.

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handshake

