



Professional School Counseling Track

School of Mental Health Counseling, Belmont University

60hr Online Plan of Study

Fall Year One

- *MHC 5005 – Foundations of School Counseling
- *MHC 5020 – Theories of Counseling and Psychotherapy
- *MHC 5007 – Pre-Practicum
- *MHC 5170 – Vocational Discernment & Counseling

Spring Year One

- *MHC 5006 – Issues, Ethics, & Evaluation of School Counseling Programs
- *MHC 5019 – Techniques of Counseling and Psychotherapy (requires a 1-week face-to-face intensive)
- *MHC 5015 – Spirituality & Theories of Human Development
- *MHC 5016 – Diversity & Social Justice in the Clinical Encounter

Summer Year One

- *MHC 5220 – Therapy with Children & Adolescents (requires a 2-day face-to-face intensive)
- **EDU 6580 – Introduction to the English Language **OR** EDU 5025 – Literacy, Culture, and Community
OR EDU 6580 – Introduction to English Learners **OR** another *** approved education course

Fall Year Two

- *MHC 5210 – Group Dynamics & Therapy
- *MHC 6010 – Practicum in Mental Health Counseling (School Counseling Section)
- *MHC 5310 – Psychometrics & Assessment
- *MHC 5018 – Theories & Methods of Psychotherapy Research

Spring Year Two

- *MHC 6110 – Internship in Counseling (School Counseling Section)
- *MHC 5410 – Family Systems Theory
- *Education or Counseling Elective (including **EDU 5800 – Intro to Exceptional Learners **OR** another ***approved education course, MHC 5011 – Foundations, MHC 5017 – Christian Ethics in the Clinical Encounter, MHC 5120 – Diagnosis & Treatment of Addictions, MHC 5130 – Marriage & Family Skills, **OR** another counseling/education course selected with advisor approval)

**Students with teaching experience may choose another elective

Summer Year Two

- *MHC 5014 – Diagnosis & Treatment of Mental Disorders (Requires a 3-day face-to-face intensive)
- *Comprehensive Exam Occurs

Fall Year Three

- *MHC 6210 – Internship in Counseling II (School Counseling Section)

*EDU 5010 – Contemporary Issues in Education; EDU 5630 – Leadership in Communication and Collaboration in Special Education OR another ***approved education course

Please note all courses are subject to change and availability. See your advisor to ensure accuracy. All courses listed above must be taken in order to receive M.A. degree for Mental Health Counseling from Belmont University

Faculty Advisor: _____

Signature: _____

Date: _____

Student Name: _____

Signature: _____

Date: _____

*****Recommended EDU Courses for School Counselors**

- EDU 5010 – Contemporary Issues
- EDU 5110 – Advanced Exceptional Psychology
- EDU 5800 – Introduction to Exceptional Leaders
- EDU 6580 – Introduction to English Learners
- EDU 5025 – Literacy, Culture, and Community
- EDU 5630 – Leadership in Communication and Collaboration in Special Education
- EDU 5605 – Advanced Study of Lifespan Growth, Development, and Disability