



## ***Clinical Mental Health Counseling Track***

### ***60hr Plan of Study***

#### **Fall Year One**

MHC 5013 – Christian Perspective on Human Suffering

MHC 5020 – Theories of Counseling and Psychotherapy

MHC 5011 – Foundations of Clinical Practice

MHC 5170 – Vocational Discernment & Counseling **OR** MHC 5310 – Psychometrics & Assessment

*\*both MHC 5170 and MHC 5310 are required to be taken in order to graduate*

#### **Spring Year One**

MHC 5017 – Christian Ethics in the Clinical Encounter

MHC 5019 – Techniques of Counseling and Psychotherapy

MHC 5015 – Spirituality & Theories of Human Development

MHC 5016 – Diversity & Social Justice in the Clinical Encounter

#### **Summer Year One**

MHC 5014 – Diagnosis & Treatment of Mental Disorders

MHC 6010 – Practicum in Mental Health Counseling

\*Students complete supervised counseling practicum experiences that total a minimum of 100 clock hours including 40 direct hours over a minimum of 10 weeks.

#### **Fall Year Two**

MHC 5210 – Group Dynamics & Therapy (CMHC Section)

MHC 6110 – Internship in Mental Health Counseling I

\*Students complete a minimum of 240 direct clock hours and a total of 600 clock hours over the course of two semesters.

MHC 5170 – Vocational Discernment & Counseling **OR** MHC 5310 – Psychometrics & Assessment

*\*both MHC 5170 and MHC 5310 are required to be taken in order to graduate.*

MHC 5018 – Theories & Methods of Psychotherapy Research

**Spring Year Two**

MHC 5120 – Diagnosis & Treatment of Addictions

MHC 6210 – Internship in Mental Health Counseling II

\*Students complete a minimum of 240 direct clock hours and a total of 600 clock hours over the course of two semesters

MHC 5410 – Family Systems Theory

Either MHC 5110 – Aging in the Family & Society **OR** MHC 5130 – Family Therapy: Skills & Practice

**Summer Year Two**

MHC 5160 – Psychological & Theological Perspectives on Human Sexuality

Either MHC 5220 – Therapy with Children & Adolescents **OR** MHC 5090 Psychopharmacology

\*\*Please note all courses are subject to change and availability. See your advisor to ensure accuracy. All courses listed above must be taken in order to receive M.A. degree for Mental Health Counseling from Belmont University.\*\*

Faculty Advisor: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Student Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_