



Marriage, Couple, and Family Counseling Track

60hr Plan of Study

Fall Year One

MHC 5013 - Christian Perspectives on Human Suffering

MHC 5012 - Theories of Personality

MHC 5011 - Foundations of Clinical Practice

MHC 5170 - Vocational Discernment **OR** MHC 5140 - History & Theology of Marriage & the Family

**both MHC 5170 and MHC 5140 are required to be taken in order to graduate*

Spring Year One

MHC 5017 - Christian Ethics in the Clinical Encounter

MHC 5019 – Techniques of Counseling

MHC 5015 - Spirituality & Theories of Human Development

MHC 5016 - Diversity & Social Justice in the Clinical Encounter

Summer Year One

MHC 5014 - Diagnosis & Treatment of Mental Disorders

MHC 6010 - Practicum in Mental Health Counseling

*Students complete supervised counseling practicum experiences that total a minimum of 100 clock hours including 40 direct hours over a minimum of 10 weeks.

Fall Year Two

Either MHC 5210 - Group Dynamics & Therapy (MCFC Section)

MHC 6110 - Internship in Mental Health Counseling I

*Students complete a minimum of 240 direct clock hours and a total of 600 clock hours over the course of two semesters.

MHC 5140 - History & Theology of Marriage and the Family **OR** MHC - 5170 Vocational Discernment

**both MHC 5170 and MHC 5140 are required to be taken in order to graduate*

MHC 5018 - Theories & Methods of Psychotherapy Research

Spring Year Two

MHC 5110 - Aging in the Family and Society

MHC 6210 - Internship in Mental Health Counseling II

*Students complete a minimum of 240 direct clock hours and a total of 600 clock hours over the course of two semesters.

MHC 5410 - Family Systems Theory

MHC 5130 - Family Therapy: Skills & Practice

Summer Year Two

MHC 5220 - Therapy with Children & Adolescents

MHC 5160 - Psychological & Theological Perspectives on Human Sexuality

Please note all courses are subject to change and availability. See your advisor to ensure accuracy. All courses listed above must be taken in order to receive M.A. degree for Mental Health Counseling from Belmont University.

Faculty Advisor: _____

Signature: _____

Date: _____

Student Name: _____

Signature: _____

Date: _____