



Marriage, Couple, and Family Counseling Track

School of Mental Health Counseling, Belmont University

60hr Plan of Study

Fall Year One

MHC 5013 – Christian Perspectives on Human Suffering

MHC 5012 – Theories of Personality (MCFC Only)

MHC 5011 – Foundations of Clinical Practice

MHC 5170 – Vocational Discernment

Spring Year One

MHC 5017 – Professional Ethics in the Clinical Encounter (MCFC Section)

MHC 5019 – Techniques of Counseling (MCFC Section) - *this course to be renamed Techniques of Marriage and Family Therapy and will be renumbered to illustrate its distinction*

MHC 5015 – Spirituality & Theories of Human Development

MHC 5016 – Diversity & Social Justice in the Clinical Encounter

Summer Year One

MHC 5014 – Diagnosis & Treatment of Mental Disorders

MHC 6010 – Practicum in Mental Health Counseling - *this course to be renamed Practicum in Marriage and Family Therapy and will be renumbered to show distinction*

Students complete supervised counseling practicum experiences that total a minimum of 100 clock hours including 40 direct hours over a minimum of 10 weeks

Fall Year Two

MHC 5210 – Group Dynamics & Therapy (MCFC Section)

MHC 6110 – Internship in Mental Health Counseling I – *this course to be renamed Internship I in Marriage and Family Therapy and will be renumbered to show distinction*

Students complete a minimum of 260 direct clock hours and a total of 620 clock hours over the course of two semesters

MHC 5140 – History & Theology of Marriage and the Family

MHC 5018 – Theories & Methods of Psychotherapy Research

Spring Year Two

MHC 5110 – Aging in the Family and Society

MHC 6210 – Internship in Mental Health Counseling II - *this course to be renamed Internship II in Marriage and Family Therapy and will be renumbered to show distinction*

Students complete a minimum of 260 direct clock hours and a total of 620 clock hours over the course of two semesters

MHC 5410 – Family Systems Theory

MHC 5130 – Family Therapy: Skills and Practice

Summer Year Two

MHC 5220 – Therapy with Children & Adolescents – *this course to be renamed Systemic Approaches to Child Therapy and will be renumbered to show distinction*

MHC 5160 – Psychological & Theological Perspectives on Human Sexuality

****Please note all courses are subject to change and availability. See your advisor to ensure accuracy. All courses listed above must be taken in order to receive M.A. degree for Mental Health Counseling from Belmont University****

Faculty Advisor: _____

Signature: _____

Date: _____

Student Name: _____

Signature: _____

Date: _____