



Clinical Mental Health Counseling Track

School of Mental Health Counseling, Belmont University

60hr Plan of Study

Fall Year One

MHC 5013 – Christian Perspective on Human Suffering

MHC 5020 – Theories of Counseling and Psychotherapy

MHC 5011 – Foundations of Clinical Practice

MHC 5170 – Vocational Discernment & Counseling

Spring Year One

MHC 5017 – Professional Ethics in the Clinical Encounter (CMHC Section)

MHC 5019 – Techniques of Counseling and Psychotherapy (CMHC Section)

MHC 5015 – Spirituality & Theories of Human Development

MHC 5016 – Diversity & Social Justice in the Clinical Encounter

Summer Year One

MHC 5014 – Diagnosis & Treatment of Mental Disorders

MHC 6010 – Practicum in Mental Health Counseling (CMHC Section)

Students complete supervised counseling practicum experiences that total a minimum of 100 clock hours including 40 direct hours over a minimum of 10 weeks

Fall Year Two

MHC 5210 – Group Dynamics & Therapy (CMHC Section)

MHC 6110 – Internship in Mental Health Counseling I (CMHC Section)

Students complete a minimum of 260 direct clock hours and a total of 620 clock hours over the course of two semesters

MHC 5310 – Psychometrics & Assessment

MHC 5018 – Theories & Methods of Psychotherapy Research

Spring Year Two

MHC 5120 – Diagnosis & Treatment of Addictions

MHC 6210 – Internship in Mental Health Counseling II (CMHC Section)

Students complete a minimum of 260 direct clock hours and a total of 620 clock hours over the course of two semesters

MHC 5410 – Family Systems Theory

MHC 5895: Elective

Summer Year Two

MHC 5160 – Psychological & Theological Perspectives on Human Sexuality **OR** Approved Elective

MHC 5220 – Therapy with Children & Adolescents (CMHC Section) **OR** Approved Elective

**Please note all courses are subject to change and availability. See your advisor to ensure accuracy. All

courses listed above must be taken in order to receive M.A. degree for Mental Health Counseling from Belmont University**

Faculty Advisor: _____

Signature: _____

Date: _____

Student Name: _____

Signature: _____

Date: _____